



Central Park Athletics
Senior Women SW30
Track & Field/Road Running
Club Records



Event	Performance	Athlete	Date	Venue	Notes
Track					
100m					
200m	42.17s	Rebecca BUSHNELL	20.06.18	CPA Arena	
300m					
400m					
800m					
1500m					
1500m SCW	9:39.30m	Kayley LOFT	11.07.21	CPA Arena	
1 Mile					
3000m					
5000m					
Field					
Discus					
Hammer					
Javelin					
Shot Put					
High Jump					
Long Jump	1.89m	Rebecca BUSHNELL	14.08.21	Gillingham	
Triple Jump					
Pole Vault					
Road					
1 Mile					
5 km					
5 Mile	49:37m	Kayley LOFT	01.06.19	Harvel	
10km	1:24:29h	Rebecca BUSHNELL	27.05.19	London	
Half Marathon					
Marathon					