



Central Park Athletics  
**Veteran Men VM60**  
Track & Field/Road Running  
Club Records



Event	Performance	Athlete	Date	Venue	Notes
<b>Track</b>					
100m	14.8s	Alex VALENTINO	28.07.23	CPA Arena	
200m	34.98s	Pete THOMAS	12.09.20	CPA Arena	
400m	1:15.83m	Anthony DUREY	14.07.24	Mile End	
800m	2:51.5m	Anthony DUREY	01.08.25	Eltham	
1500m	5:42.3m	Anthony DUREY	28.06.24	Eltham	
1 Mile	6:00.25m	Anthony DUREY	22.09.24	CPA Arena	
2000SC	9:23.19m	Anthony DUREY	22.06.25	SAL	
3000m	11:36.6m	Anthony DUREY	12.07.24	Tonbridge	
3000SC	13:59.6m	Anthony DUREY	18.05.24	CPA Arena	
5000m	19:39.45m	Anthony DUREY	16.09.23	Gillingham	
10000m	42:30m	Anthony DUREY	11.06.25	Kent County AA	
<b>Field</b>					
Discus (1k)	13.82m	Anthony DUREY	01.08.25	CPA Arena	
Discus (1.5kg)	19.25m	Mark CULSHAW	01.05.26	Eltham	
Discus (2kg)	15.93m	Mark CULSHAW	16.05.26	Tooting	
Hammer (5k)	15.51m	Alex VALENTINO	12.07.24	Tonbridge	
Hammer (7.26k)	13.39m	Mark CULSHAW	16.05.26	Tooting	
Javelin (600)	12.34m	Anthony DUREY	28.09.25	CPA Arena	
Javelin (700)	15.44m	Alex VALENTINO	28.06.24	Eltham	
Javelin (800)	13.87m	Anthony DUREY	13.07.25	SAL	
Shot Put (5k)	8.42m	Alex VALENTINO	28.07.23	CPA Arena	
Shot Put (7.26k)	5.35m	Mark CULSHAW	16.05.26	Tooting	
High Jump	1.15m	Mark CULSHAW	29.05.26	Bromley	
Long Jump	3.80m	Alex VALENTINO	28.07.23	CPA Arena	
Triple Jump					
Pole Vault					
<b>Road</b>					
1 Mile					
5 km	20:13m	Anthony DUREY	30.08.24	Hyde Park	
5 Mile	33:29m	Anthony DUREY	07.06.25	Harvel	
10 km	41:16m	Anthony DUREY	06.05.24	Whitstable	
10 Mile	1:09:53h	Anthony DUREY	18.04.25	Folkestone	
Half Marathon	1:29:18h	Anthony DUREY	03.03.24	Paddock Wood	
Marathon	3:33:41h	Anthony DUREY	21.04.24	London	