Central Park Athletics

Veteran Men VM65

Track & Field/Road Running
Club Records

Event	Performance	Athlete	Date	Venue	Notes
Track					
100m	16.3s	John ARNOULD	17.05.24	Bromley	
200m	34.1s	John ARNOULD	29.05.26	Bromley	
400m	1:20.1m	John ARNOULD	15.05.22	Tonbridge	
800m	3:12.94m	John ARNOULD	22.09.24	Dartford	
1500m	6:48.4m	John ARNOULD	12.06.26	Dartford	
1 Mile					
2000W	15:19.8m	Pete THOMAS	28.06.24	Eltham	
3000m					
5000m					
10000m					
Field					
Discus (-)					
Hammer (-)					
Javelin (-)					
Shot Put (-)					
Shot Put (-)					
High Jump					
Long Jump					
Triple Jump					
Pole Vault					
Road					
1 Mile					
5 km					
5 Mile	56:45m	David PHILIPS	04.11.18	Deal	
10 km	58:20m	Trevor BEVAN	13.05.18	Eynsford	
10 Mile					
Half Marathon					
Marathon					