



Central Park Athletics
Veteran Women VW35
Track & Field/Road Running
Club Records



| Event | Performance | Athlete | Date | Venue | Notes |
|---------------|-------------|------------------|----------|-----------------|--------|
| Track | | | | | |
| 60m (i) | 8.59s | Leanne WILKES | 26.02.25 | Sutcliffe | Indoor |
| 100m | 13.49s | Leanne WILKES | 11.05.25 | Nuneaton | |
| 100HW | 20.30s | Leila BANYARD | 11.07.21 | CPA Arena | |
| 200m (i) | 29.03s | Leanne WILKES | 22.02.25 | British Masters | Indoor |
| 400m | 1:11.3m | Laura BESTOW | 05.05.23 | Eltham | |
| 400HW | 1:27.8m | Amy HUTCHINGS | 16.07.22 | Eltham | |
| 800m | 2:40.3m | Laura BESTOW | 18.06.23 | Lewes | |
| 1500m | 5:18.1m | Laura BESTOW | 26.05.23 | CPA Arena | |
| 1500SCW | 7:04.3m | Leila BANYARD | 11.09.21 | Ashford | |
| 1 Mile | 10:18.41m | Rebecca BUSHNELL | 22.09.24 | CPA Arena | |
| 2000SCW | 9:53.63m | Coralie CHARLES | 14.07.24 | Mile End | |
| 3000m | 12:21.9m | Coralie CHARLES | 05.05.23 | Eltham | |
| 5000m | 21:16.9m | Coralie CHARLES | 18.06.23 | Lewes | |
| Field | | | | | |
| Discus (1k) | 16.98m | Lindsay LENIHAN | 14.07.24 | Mile End | |
| Hammer (4k) | 19.99m | Kayley LOFT | 17.06.22 | Erith | |
| Javelin (800) | 11.47m | Lindsay LENIHAN | 14.07.24 | Mile End | |
| Shot Put (4k) | 6.26m | Lindsay LENIHAN | 14.06.24 | CPA Arena | |
| High Jump | | | | | |
| Long Jump | 4.46m | Leanne WILKES | 30.05.25 | SCVL | |
| Triple Jump | | | | | |
| Pole Vault | | | | | |
| Road | | | | | |
| 1 Mile | | | | | |
| 5 km | 19:36m | Emma SHARP | 28.12.18 | Hyde Park | |
| 5 Mile | 37:09m | Coralie CHARLES | 03.06.23 | Harvel | |
| 10km | 45:10m | Liz BROOKES | 15.09.19 | Larkfield | |
| 10 Mile XC | 1:19:10h | Coralie CHARLES | 04.02.23 | Joydens Wood | |
| Half Marathon | 1:41:01h | Coralie CHARLES | 05.03.23 | Dartford | |
| Marathon | 4:05:07h | Tessa HALES | 28.04.19 | London | |