



Central Park Athletics  
**Veteran Men VM50**  
Track & Field/Road Running  
Club Records



Event	Performance	Athlete	Date	Venue	Notes
<b>Track</b>					
100m	13.4s	Anthony HYLTON	27.06.25	CPA Arena	
200m	30.8s	James CARNEY	28.06.24	Erith	
400m	1:07.1m	Paul CHEESEMAN	07.07.23	Tonbridge	
800m	2:37.6m	Paul CHEESEMAN	02.06.23	Tonbridge	
1500m	5:31.8m	Paul CHEESEMAN	17.05.25	Carshalton	
1 Mile					
3000m	11:17.5m	Anthony HYLTON	30.05.25	Bromley	
5000m					
10000m					
<b>Field</b>					
Discus (2k)	16.75m	James CARNEY	09.07.23	Ashford	
Hammer (6k)	17.79m	James CARNEY	22.09.24	CPA Arena	
Javelin (800)	24.37m	James CARNEY	02.06.23	Tonbridge	
Shot Put (6k)	7.70m	James CARNEY	22.09.24	CPA Arena	
High Jump	1.41m	James CARNEY	23.06.23	Bromley	
Long Jump	4.32m	James CARNEY	22.09.24	CPA Arena	
Triple Jump	8.82m	Paul CHEESEMAN	30.08.25	CPA Arena	
Pole Vault	2.20m	James CARNEY	07.07.23	Tonbridge	
<b>Road</b>					
1 Mile					
5 km					
5 Mile	31:08m	Anthony DUREY	02.06.18	Harvel	
10 km	38:58m	Anthony DUREY	06.05.18	Whitstable	
10 Mile	1:10:31h	James CARNEY	18.04.25	Folkestone	
Half Marathon	1:33:57h	Paul CHEESEMAN	04.10.25	Victoria Park	
20 Mile	02:34:49h	James CARNEY	29.03.26	Lydd	
Marathon	03:22:22h	Anthony DUREY	22.04.18	London	