



Central Park Athletics  
**Veteran Women VW70**  
Track & Field/Road Running  
Club Records



Event	Performance	Athlete	Date	Venue	Notes
<b>Track</b>					
100m					
200m					
400m					
800m					
1500m					
1 Mile					
3000m					
5000m					
<b>Field</b>					
Discus (1k)					
Hammer (-)					
Javelin (-)					
Shot Put (3k)					
High Jump					
Long Jump					
Triple Jump					
Pole Vault					
<b>Road</b>					
1 Mile					
5 km					
5 Mile	58:01m	Vannessa HARGREAVES	07.06.25	Harvel	
10 km	1:07:41h	Janet PYNE	06.05.19	Whitstable	
10 Mile					
30 km					
Half Marathon	2:53:56h	Janet PYNE	09.09.18	Newcastle	
Marathon	6:17:41h	Janet PYNE	14.04.19	Brighton	