



Central Park Athletics
Veteran Men VM35
Track & Field/Road Running
Club Records



Event	Performance	Athlete	Date	Venue	Notes
Track					
100m					
200m					
400m					
800m					
1500m	4:22.67m	Joshua TEECE	22.05.22	Eltham	
1 Mile	6:02.75m	Mark SMITH	25.07.18	CPA Arena	
3000m	8:54.76m	Joshua TEECE	09.07.23	Ashford	
5000m	15:30.30m	Joshua TEECE	18.06.23	Lewes	
10000m	33:06.5	Joshua TEECE	29.06.23	CPA Arena	
Field					
Discus (2k)	19.40m	Jamie BUSHNELL	20.05.23	CPA Arena	
Hammer (7.26k)	25.58m	Jamie BUSHNELL	22.09.24	CPA Arena	
Javelin (800)	27.73m	Jamie BUSHNELL	20.05.23	CPA Arena	
Shot Put (7.26k)	6.99m	Jamie BUSHNELL	19.08.23	Crawley	
High Jump					
Long Jump	3.99m	Jamie BUSHNELL	28.07.23	CPA Arena	
Triple Jump	8.31m	Jamie BUSHNELL	20.05.23	CPA Arena	
Pole Vault	1.50m	Jamie BUSHNELL	07.07.23	Tonbridge	
Road					
1 Mile					
5 km					
5 Mile	26:31:00	Joshua TEECE	03.06.23	Harvel	
10 km	31:44m	Joshua TEECE	20.11.22	Brighton	
Half Marathon	1:09:58h	Joshua TEECE	21.05.23	Chester	
Marathon	2:25:45h	Joshua TEECE	02.10.22	London	