Central Park Athletics

Veteran Men VM60

Track & Field/Road Running
Club Records

Event	Performance	Athlete	Date	Venue	Notes
Track					
100m	14.8s	Alex VALENTINO	28.07.23	CPA Arena	
200m	34.98s	Pete THOMAS	12.09.20	CPA Arena	
400m	1:15.83m	Anthony DUREY	14.07.24	Mile End	
800m	2:51.5m	Anthony DUREY	01.08.25	Eltham	
1500m	5:42.3m	Anthony DUREY	28.06.24	Eltham	
1 Mile	6:00.25m	Anthony DUREY	22.09.24	CPA Arena	
2000SC	9:22.5m	Anthony DUREY	21.06.26	Kingston	
3000m	11:36.6m	Anthony DUREY	12.07.24	Tonbridge	
3000SC	13:59.6m	Anthony DUREY	18.05.24	CPA Arena	
5000m	19:39.45m	Anthony DUREY	16.09.23	Gillingham	
10000m	42:30m	Anthony DUREY	11.06.25	Kent County AA	
Field					
Discus (1k)	26.69m	Mark CULSHAW	09.09.26	Highgate	
Discus (1.5kg)	19.25m	Mark CULSHAW	01.05.26	Eltham	
Discus (2kg)	17.90m	Mark CULSHAW	08.08.26	Tooting Bec	
Hammer (5k)	20.42m	Mark CULSHAW	13.09.26	Derby	
Hammer (7.26k)	14.61m	Mark CULSHAW	08.08.26	Tooting Bec	
Javelin (600)	14.73m	Mark CULSHAW	12.06.26	CPA Arena	
Javelin (700)	15.44m	Alex VALENTINO	28.06.24	Eltham	
Javelin (800)	15.31m	Mark CULSHAW	19.07.26	Carshalton	
Shot Put (5k)	8.42m	Alex VALENTINO	28.07.23	CPA Arena	
Shot Put (7.26k)	6.00m	Mark CULSHAW	21.06.26	Kingston	
High Jump	1.28m	Mark CULSHAW	08.08.26	Tooting Bec	
Long Jump	3.80m	Alex VALENTINO	28.07.23	CPA Arena	
Triple Jump	6.43m	Mark CULSHAW	19.07.26	Carshalton	
Pole Vault					
Road					
1 Mile					
5 km	20:13m	Anthony DUREY	30.08.24	Hyde Park	
5 Mile	33:29m	Anthony DUREY	07.06.25	Harvel	
10 km	41:16m	Anthony DUREY	06.05.24	Whitstable	
10 Mile	1:09:53h	Anthony DUREY	18.04.25	Folkestone	
Half Marathon	1:29.18h	Anthony DUREY	03.03.24	Paddock Wood	
30km Trail	2:52:43h	Anthony DUREY	28.06.26	North Downs	
Marathon	3:33:41h	Anthony DUREY	21.04.24	London	