



Central Park Athletics
Senior Men SM20
Track & Field/Road Running
Club Records



Event	Performance	Athlete	Date	Venue	Notes
Track					
100m	11.50s	Casey JOHNSON	11.07.21	CPA Arena	
200m	23.2s	Casey JOHNSON	11.07.21	CPA Arena	
400m					
800m					
1500m					
1 Mile					
2000m SC	6:46.7m	Mouctar BARRY	22.05.22	Eltham	
3000m	9:16.16m	Mouctar BARRY	13.08.22	Gillingham	
3000m SC	10:05.9m	Mouctar BARRY	20.05.23	CPA Arena	
3000m SC/NWJ	10:07.83m	Mouctar BARRY	12.06.22	Gillingham	
5000m	16:16.5m	Mouctar BARRY	18.06.23	Lewes	
10000m	34:00.58m	Mouctar BARRY	29.06.22	CPA Arena	
Field					
Discus					
Hammer					
Javelin					
Shot Put					
High Jump					
Long Jump					
Triple Jump					
Pole Vault					
Road					
1 Mile					
5 km					
5 Mile	26:41m	Mouctar BARRY	16.07.23	Staplehurst	
10 km	34:03m	Mouctar BARRY	02.05.22	Whitstable	
Half Marathon	1:17:06h	Mouctar BARRY	13.03.22	Dartford	
Marathon					